



**WEBINAR: JUGGLING HOME AND SCHOOL: SUPPORT FOR PRIMARY PARENTS**

**DATE: Thursday, 4th February 2021    TIME: 7 p.m.    FACILITATOR: Nicola Culloty**

**TOPIC AREAS:**

**Parent Wellbeing: Child Wellbeing: Cognitive Behavioural Therapy, Mental Health, Wellbeing, Homeschooling and Covid 19**

**DESCRIPTION BLURB:**

**This webinar will offer practical advice to parents who once again find themselves juggling home and school in one place. This webinar will explore how to support your child's emotional wellbeing whilst also taking care of your own. It will identify how to motivate your child depending on age and examine how to connect with your child.**

**HOW TO BOOK FOR THIS WEBINAR on Thursday, 4th February 2021 at 7 p.m.**

**Please CLICK on the LINK BELOW.**

**[https://zoom.us/webinar/register/WN\\_1zaA-BbkQBmdRuitMjoQQ](https://zoom.us/webinar/register/WN_1zaA-BbkQBmdRuitMjoQQ)**